



SUN SMART POLICY

The aims of the Sun Smart Policy are to:

- Increase the school community's awareness and importance of skin protection.
- Increase the school community's awareness of the importance of a healthy balance between UV exposure and UV protection.
- Encourage children's personal responsibility for and decision making about skin protection.

At Christie Downs Primary School we will ensure our staff and students use a combination of sun protection strategies every day from 1 September to 30 April by:

1. Considering UV levels when planning any outdoor activities:

Extra care is taken between 10am and 3pm when UV levels are at their peak.

2. Using shade outdoors as much as possible:

Encourage children to use the shaded areas.
Consider shade when planning any outdoor activity.

3. Staff and students to wear appropriate clothing and head wear:

Broad brimmed, bucket hat and/or legionnaire style of hat.
Shirt with sleeves.
Rash tops/tee shirts for outdoor swimming activities.

4. Support the Sun Smart Message in school activities:

Sun Smart message supported at school assemblies, newsletters, permission notes, school website, Staff/Student Voice/Governing Council meetings.

Parents are encouraged to apply and supply sunscreen before school

5. Review Sun Smart policy every 2 years:

To ensure policy and practices are up to date and relevant to our school community.

